



## Lamar and Red River County Crime Stoppers

### Mix It Up and Stew

#### Rules

1. Stew is defined as a dish of meat and vegetables cooked slowly in liquid in a closed dish or pan.
2. No ingredient may be pre-cooked or treated in any way prior to the preparation period which will begin approximately one hour prior to the commencement of the official cook-off. The only exceptions are canned or bottled tomatoes, tomato sauce, peppers, pepper sauce, beverages, broth and grinding and/or mixing spices. Meat may be pre-cut but not treated in any way. All meat products must be USDA certified. All ingredients must be chopped or prepared during the preparation period.
3. Set up and prep begins at 6 am. The cooking period will be from 7 am until noon. Judging will begin at 12:15 pm and serving to the public will begin at 12:30 pm.
4. A representative from each team shall attend a meeting at which final instructions are given and questions answered at 6:30 am.
5. Teams are responsible for supplying all of their own cooking utensil, etc. Use a 4 oz. ladle for serving.
6. Teams are permitted to set up their equipment, decorations and other facilities any time after 6 am on the day of the cook-off.
7. Each team must cook a minimum of five gallons of stew. If any team desire to prepare more it is encouraged. Remember proceeds benefit the Lamar & Red River County Crime Stoppers.
8. Each team will be assigned a number by the chief scorekeeper and be given a container in which their stew will be collected at the time of the official judging. Each team should verify that the number on the bottom of their container is the same as their team number assigned by the chief scorekeeper. At the option of the Chief Judge, each contestant may be required to cover their number on the bottom of the container with non-transparent tape prior to giving the bowl to the collector for delivering it to the judging area.
9. Not more than one quart of the each team's stew will be collected at the end of the cooking period for judging purposes.
10. Plaques and cash awards will be given to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners. Plaques will also be given to the best dressed, best decorated booth, enthusiastic team and people's choice.
11. All teams will be responsible for cleanup of their booth area after the event. Trash receptacles will be provided.
12. If possible teams should bring a table with them for serving purposes. Bowls, spoons, napkins and etc. will be provided by the Lamar & Red River County Crime Stoppers.
13. No stew shall be served until 12:30 pm after judging has begun. Use a 4 oz ladle for serving.
14. The decision of the Judges shall be final.